

10 Food and Nutrition

- The learner learns several novel aspects of food and nutritional studies and garners socioeconomic and cultural knowledge about diverse culture groups and their diverse food habits.
- The students develop expertise in food and nutritional technology and may act as dietitian or food counsellor.
- The learner may become health coach and nutritional expert in gyms, sports centre, health clubs and in hotel management courses.
- The learners may become clinical experts in a nursing home provided they opt for diploma or nursing courses.